



# Indraprastha College for Women

## University of Delhi

### Work Plan for ODD SEMESTER –2025

Course Name:	BA(H) Psychology
Paper Title:	Child and Adolescent Development
Unique Paper Code:	DSC
Semester:	V
Faculty(s):	Dr Siddharth Sagar
Year:	2025

<b>Work Plan</b>			
Unit No.	Learning Objective	Lecture No.	Topics to be Covered
I	<ul style="list-style-type: none"> <li>• To trace human development from conception to adolescence</li> <li>• To inculcate sensitivity to socio-cultural context of human development</li> </ul>	1	Introduction
		2	Concepts; Themes
		3	Concepts; Themes
		4	Theoretical Perspectives of Human Development :Psychoanalytic
		5	Theoretical Perspectives of Human Development :Psychoanalytic
		6	Theoretical Perspectives of Human Development :Psychoanalytic
		7	Theoretical Perspectives of Human Development :Behavioural
		8	Theoretical Perspectives of Human Development :Behavioural
		9	Theoretical Perspectives of Human Development : Ethological
		10	Theoretical Perspectives of Human Development : Ethological
		11	Theoretical Perspectives of Human Development : Evolutionary
		12	Theoretical Perspectives of

			Human Development : Ecological Perspective
		13	Theoretical Perspectives of Human Development : Ecological Perspective
		14	Research Designs.
		15	Research Designs.
II		16	Prenatal Development: Birth
		17	Prenatal Development: Birth
		18	Prenatal Development: Infancy
		19	Prenatal Development: Infancy
		20	Adolescence; Developmental stages
		21	Adolescence; Developmental stages
		22	Adolescence; Developmental stages
		23	child-rearing practices in the Indian context
		24	child-rearing practices in the Indian context
		25	child-rearing practices in the Indian context
		26	child-rearing practices in the Indian context
		27	Socio-cultural contexts of development.
		28	Socio-cultural contexts of development.
		29	Socio-cultural contexts of development.
		30	Socio-cultural contexts of development.
		III	
32	Cognitive Development (Piaget)		
33	Cognitive Development (Piaget)		
34	Cognitive Development (Vygotsky)		
35	Cognitive Development (Vygotsky)		
36	Cognitive Development (Vygotsky)		
37	Language Development		
38	Language Development		
39	Language Development		
40	Emotional Development		
41	Emotional Development		
42	Emotional Development		
43	Moral Development (Kohlberg)		
44	Moral Development (Kohlberg)		
45	Moral Development (Kohlberg)		

Unit	Contents/Syllabus
I	Introduction;: Concepts; Themes; Theoretical Perspectives of Human Development (Psychoanalytic, Behavioural, Ethological, Evolutionary, Ecological Perspective); Research Designs.
II	Stages of Development: Prenatal Development, Birth and Infancy, Adolescence; Developmental stages and child-rearing practices in the Indian context; Sociocultural contexts of development.
III	Domains of Human Development: Cognitive Development (Piaget, Vygotsky); Language Development; Emotional Development; Moral Development (Kohlberg).
S.No.	Name of Authors/Books/Publishers
1.	Berk, L. E. (2012). Child development (9th ed.). New Delhi: Prentice Hall
2.	Santrock, I.W. (2019). Life-span development (17th ed.). New-Delhi: Tata McGraw-Hill.
3.	Rangaswamy, K. (1992). Indian model of stages in human development and developmental tasks. Indian Journal of Psychological Medicines, 15 (1), pp. 77-82. doi: 10.177/097515641020112
4.	Srivastava, A. K. (1997). Child development: An Indian perspective. New Delhi

Paper Components			
Credits	Lecture (L)	Tutorial (T)	Practical (P)
4	3	0	1
Assessment Scheme			
S.No.	Component	Marking Scheme	Total Marks
1	Internal Assessment		30
	<ul style="list-style-type: none"> <li>Assignment/Quiz/Project/Presentation</li> </ul>	12	
	<ul style="list-style-type: none"> <li>Class Test</li> </ul>	12	

	<ul style="list-style-type: none"> <li>Attendance</li> </ul>	6	
2.	<b>Continuous Assessment (Tutorial)</b> <ul style="list-style-type: none"> <li>Activity 1</li> <li>Activity 2</li> <li>Attendance</li> </ul>		0
3.	<b>Practical</b> <ul style="list-style-type: none"> <li>Continuous Assessment</li> <li>End Term Written/Practical Exam</li> <li>Viva</li> </ul>		40
		10	
		20	
		10	
4.	EndSemesterExamination		90