



Indraprastha College for Women

University of Delhi

Work Plan for ODD SEMESTER – 2025

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| Course Name: | B.A (H) PSYCHOLOGY |
| Paper Title: | COMMUNITY PSYCHOLOGY |
| Unique Paper Code: | DSC-19 |
| Semester: | VII |
| Faculty(s): | MS PAVANI TYAGI |
| Year: | 2025-26 |

| Work Plan | | | |
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| Unit No. | Learning Objective | Lecture No. | Topics to be Covered |
| 1 | To learn the nature and types of communities in India | 1 | Definition of communities |
| 1 | To learn the nature and types of communities in India | 2 | Definition of communities |
| 1 | To learn the nature and types of communities in India | 3 | Types of communities |
| 1 | To learn the nature and types of communities in India | 4 | Types of communities |
| 1 | Understand the core concepts and values of Community Psychology | 5 | Working with communities in India |
| 1 | Understand the core concepts and values of Community Psychology | 6 | Working with communities in India |
| 1 | Understand the core concepts and values of Community Psychology | 7 | Nature and core values of community psychology |
| 1 | Understand the core concepts and values of Community Psychology | 8 | Nature and core values of community psychology |
| 1 | Understand the core concepts and values of Community Psychology | 9 | Ecological Systems Perspective in Community Psychology |
| 1 | Understand the core concepts and values of Community Psychology | 10 | Ecological Systems Perspective in Community Psychology |
| 2 | To critically examine concepts, paradigms and research methods relevant to community psychology. | 11 | Goals of Community Research |
| 2 | To critically examine concepts, paradigms and research methods relevant to community psychology. | 12 | Goals of Community Research |
| 2 | To critically examine concepts, paradigms and research methods relevant to community psychology. | 13 | Assumptions and Values underlying Research |

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| 2 | To critically examine concepts, paradigms and research methods relevant to community psychology. | 14 | Assumptions and Values underlying Research |
| 2 | To critically examine concepts, paradigms and research methods relevant to community psychology. | 15 | Processes in Community Psychology Research |
| 2 | To critically examine concepts, paradigms and research methods relevant to community psychology. | 16 | Processes in Community Psychology Research |
| 2 | To critically examine concepts, paradigms and research methods relevant to community psychology. | 17 | Research paradigms and associated methods |
| 2 | To critically examine concepts, paradigms and research methods relevant to community psychology. | 18 | Research paradigms and associated methods |
| 2 | To critically examine concepts, paradigms and research methods relevant to community psychology. | 19 | Research paradigms and associated methods |
| 2 | To critically examine concepts, paradigms and research methods relevant to community psychology. | 20 | Transformative research with Indian communities |
| 3 | To comprehend the scope, relevance and applications of Community Psychology as a field | 21 | Empowerment as a goal for community psychologists |
| 3 | To comprehend the scope, relevance and applications of Community Psychology as a field | 22 | Empowerment as a goal for community psychologists |
| 3 | To comprehend the scope, relevance and applications of Community Psychology as a field | 23 | Empowerment as a goal for community psychologists |
| 3 | To comprehend the scope, relevance and applications of Community Psychology as a field | 24 | Community Mental Health |
| 3 | To comprehend the scope, relevance and applications of Community Psychology as a field | 25 | Community Mental Health |
| 3 | To comprehend the scope, relevance and applications of Community Psychology as a field | 26 | Changing Public Notions |
| 3 | To comprehend the scope, relevance and applications of Community Psychology as a field | 27 | Changing Public Notions |
| 3 | To comprehend the scope, relevance and applications of Community Psychology as a field | 28 | Changing Public Notions |
| 3 | To comprehend the scope, relevance and applications of Community Psychology as a field | 29 | Prevention and Treatment of Mental Health Problems at the Community Level |
| 3 | To comprehend the scope, relevance and applications of Community Psychology as a field | 30 | Prevention and Treatment of Mental Health Problems at the Community Level |
| 3 | To comprehend the scope, relevance and applications of Community Psychology as a field | 31 | Prevention and Treatment of Mental Health Problems at the Community Level |
| 3 | To comprehend the scope, relevance and applications of Community Psychology as a field | 32 | Prevention and Treatment of Mental Health Problems at the Community Level |

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| 3 | To comprehend the scope, relevance and applications of Community Psychology as a field | 33 | Community-based Rehabilitation |
| 3 | To comprehend the scope, relevance and applications of Community Psychology as a field | 34 | Community-based Rehabilitation |
| 3 | To comprehend the scope, relevance and applications of Community Psychology as a field | 35 | Community based Rehabilitation |
| 4 | Gain greater grounding in community based processes and functioning | 36 | Community based work on maternal and child health |
| 4 | Gain greater grounding in community based processes and functioning | 37 | Community based work on maternal and child health |
| 4 | Gain greater grounding in community based processes and functioning | 38 | Community based work on maternal and child health |
| 4 | Gain greater grounding in community based processes and functioning | 39 | Community based work with communities facing natural disasters |
| 4 | Gain greater grounding in community based processes and functioning | 40 | Community based work with communities facing natural disasters |
| 4 | Gain greater grounding in community based processes and functioning | 41 | Community based work with communities facing natural disasters |
| 4 | Gain greater grounding in community based processes and functioning | 42 | Community based work with indigenous (tribal) communities |
| 4 | Gain greater grounding in community based processes and functioning | 43 | Community based work with indigenous (tribal) communities |
| 4 | Gain greater grounding in community based processes and functioning | 44 | Field visit to community settings. |
| 4 | Gain greater grounding in community based processes and functioning | 45 | Field visit to community settings. |

| Unit | Contents/Syllabus |
|-------------|---|
| I | Unit I Introduction to Community Psychology (10 Hours) Definition and types of communities ; Working with communities in India ; Nature and core values of community psychology ; Ecological Systems Perspective in Community Psychology. |
| II | Unit II Research Paradigms and Methods in Community Psychology (10 Hours) Goals of Community Research; Assumptions and Values underlying Research; Processes in Community Psychology Research; Research paradigms and associated methods (post-positivist and social constructionist, transformative); Transformative research with Indian communities. |

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| III | Unit III Empowerment: Working with Indian Communities on Mental Health (15 Hours) Empowerment as a goal for community psychologists; Community Mental Health; Changing Public Notions; Prevention and Treatment of Mental Health Problems at the Community Level; Communitybased Rehabilitation. |
| IV | Unit IV- Working with Vulnerable Communities (10 Hours) Community based work on maternal and child health; Community based work with communities facing natural disasters; Community based work with indigenous (tribal) communities; Field visit to community settings |
| S. No. | Name of Authors/Books/Publishers |
| 1. | Deb, S., Sunny, A. M., & Sanyal, N. (2020). Community Psychology: Theories and Applications. SAGE Publications India Pvt Limited. |
| 2. | Kloos B. Hill, J Thomas, Wandersman A, Elias M.J. & Dalton J.H. (2012). Community Psychology: Linking Individuals and Communities. Singapore: Wadsworth Cengage Learning. |
| 3. | Nelson, G., & Prilleltensky, I. (2005). Community psychology: In pursuit of liberation and well-being. Palgrave Macmillan. |
| 4. | Opačić, A. (2021). Practicing Social Work in Deprived Communities. Springer International Publishing. |

| Paper Components | | | |
|--------------------------|---|-----------------------|----------------------|
| Credits | Lecture (L) | Tutorial (T) | Practical (P) |
| 4 | 3 | | 1 |
| Assessment Scheme | | | |
| S.No. | Component | Marking Scheme | Total Marks |
| 1 | Internal Assessment | | 30 |
| | • Assignment/Quiz/Project/Presentation | 12 | |
| | • Class Test | 12 | |
| | • Attendance | 6 | |
| 2. | Continuous Assessment (Tutorial) | NA | |
| | • Activity 1 | | |
| | • Activity 2 | | |
| | • Attendance | | |
| 3. | Practical | 10 | 40 |
| | • Continuous Assessment | 20+10 | |
| | • End Term Written/Practical | | |

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| | Exam | | |
| | <ul style="list-style-type: none">• Viva | | |
| 4. | End Semester Examination | | 90 Marks |