



# Indraprastha College for Women

## University of Delhi

### Work Plan for ODD SEMESTER – 2025

Course Name:	BA (PROG.) SEM 7
Paper Title:	School Psychology (Tutorial)
Unique Paper Code:	
Semester:	VII
Faculty(s):	Mr. Sanjay
Year:	July 2025

<b>Work Plan</b>			
Unit No.	Learning Objective	Tutorial No.	Topics to be Covered
1-4	<ul style="list-style-type: none"> <li>• To introduce basic concepts of School Psychology to the students</li> <li>• To learn strategies for effective assessment and intervention to support students' academic, social-emotional, and behavioural development.</li> <li>• To promote the well-being of children and adolescents in the school setting.</li> </ul>	1	Introduction of the activity-1
		2	Introduction of the activity
		3	Discussing methodology
		4	Discussing methodology
		5	Data collection
		6	Data collection
		7	Data analysis
		8	Report writing
		9	Introduction of the activity-2
		10	Discussing methodology
		11	Discussing methodology
		12	Data collection
		13	Data collection
		14	Data analysis
		15	Report writing
		16	Feedback

Unit	Contents/Syllabus
I	UNIT-I: Introduction to School Psychology Orientation to School Psychology (Nature, Historical and Current trends, Scope and Allied Fields), Role and Function of School Psychologist as a Professional, Overview of the Indian School System and Educational Policy in India, Socio-cultural Diversity.
II	UNIT-II: Theoretical and Conceptual Underpinnings Application of Psychological Theories in Classrooms (e.g., Piaget, Vygotsky, Gardner, Erikson and Bronfenbrenner), Indian Perspectives on Teaching Learning and Schooling (Guru-Shishya Parampara), Role of Family and Community in Schooling.
III	UNIT-III: Addressing Contemporary Concerns among School Students Academic Concerns (Learning Difficulties, Neurodevelopmental Issues, Exceptional and Gifted Children), Social Emotional Concerns (Stress and Anxiety, Body Image, Peer Pressure), Behavioural Concerns (Conduct issues, Substance use, Digital dependency).
IV	UNIT-IV: Assessments and Interventions in School Settings (13 Hours) Assessment (Comprehensive Psycho-educational Assessment); Intervention – School Mental Health, Crisis Intervention, Bullying, Child sexual abuse; School-based remedial programme for the child - art therapy, play therapy, problem-solving; Vocational and career guidance
S. No.	Name of Authors/Books/Publishers
1.	Berk, L. E. (2018). Development through the lifespan (Seventh edition). Pearson.
2.	Chaudhary, N. (2013). Parent beliefs, socialisation practices and children's development in Indian families [Major Research Project]. University Grants Commission.
3.	Kapur, M. (2011). Counselling Children with Psychological Problems (1st ed.). Pearson Education India
4.	Kirsh, S. J., Duffy, K. G., & Atwater, E. (2014). Psychology for living: Adjustment, growth, and behavior today (11th ed). Pearson

Paper Components			
Credits	Lecture (L)	Tutorial (T)	Practical (P)
	3	1	
Assessment Scheme			
S.No.	Component	Marking Scheme	Total Marks
1	Internal Assessment		30
	<ul style="list-style-type: none"> <li>Assignment/Quiz/Project/Presentation</li> </ul>	12	

	<ul style="list-style-type: none"> <li>• Class Test</li> <li>• Attendance</li> </ul>	12	
		6	
2.	<b>Continuous Assessment (Tutorial)</b> <ul style="list-style-type: none"> <li>• Activity 1</li> <li>• Activity 2</li> <li>• Attendance</li> </ul>		40
		20	
		15	
		5	
3.	<b>Practical</b> <ul style="list-style-type: none"> <li>• Continuous Assessment</li> <li>• End Term Written/Practical Exam</li> <li>• Viva</li> </ul>		NA
4.	End Semester Examination		90