



Indraprastha College for Women

University of Delhi

Work Plan for ODD SEMESTER – 2025

Course Name:	B.A. (Hons.) Psychology
Paper Title:	Perspectives in Mental and Behavioral Disorders (Practical)
Unique Paper Code:	2112102501
Semester:	V
Faculty(s):	Dr. Veena Gupta
Year:	2025

Work Plan			
Unit No.	Learning Objective	Lecture No.	Topics to be Covered
I	Understand the syllabus and objectives of the paper	1	Introduction, Syllabus, Books, Internal Assessment, Evaluation, Pedagogy
I	Basic concepts related to the practical	2	Introduction
I	Basic concepts related to the practical	3	Introduction
I	Understanding the procedure	4	Methodology
I	Format of writing Introduction	5	Feedback on Introduction
I	Format of writing Introduction	6	Feedback on Introduction
I	Format of writing Methodology	7	Feedback on Methodology
I	Format of writing Methodology	8	Feedback on Methodology
I	Understanding how to write Family Assessment	9	Family Assessment
I	Understanding how to write Family Assessment	10	Family Assessment
I	Understand how to write Family Assessment	11	Family Assessment
I	Understand how to write Family Assessment	12	Family Assessment
I	Format of writing Family Assessment	13	Feedback on Family Assessment
I	Format of writing Family Assessment	14	Feedback on Family Assessment
I	Format of writing Family Assessment	15	Feedback on Family Assessment
I	Format of writing Family Assessment	16	Feedback on Family Assessment
I	Writing discussion	17	Discussion
I	Writing discussion	18	Discussion

I	Writing conclusion	19	Conclusion
I	Writing conclusion	20	Conclusion
I	APA format of abstract	21	Abstract
I	APA format of abstract	22	Abstract
I	APA format of writing report	23	Feedback on complete report
I	APA format of writing report	24	Feedback on complete report
I	Complete report submission	25	Final report submission
I	Complete report submission	26	Final report submission
I	Learning and Reflections	27	Learning and Reflections
I	Learning and Reflections	28	Learning and Reflections
I	Viva Practice	29	Viva Practice
I	Viva Practice	30	Viva Practice

Unit	Contents/Syllabus
I	<p>Suggestive Practicals</p> <ul style="list-style-type: none"> • Mental Status Examination (MSE). • Assessment of mental disorders using a psychometric test. • Case study writing to examine/understand clinical picture, dynamics, diagnosis and differential diagnosis. • Correlational study of demographic variables and a mental disorder. • Analysis of mental illness related visual media/text to understand mental disorders.
S. No.	Name of Authors/Books/Publishers
1.	Ahuja, N. (2011). <i>A short textbook of psychiatry</i> . 7 th ed. New Delhi: Jaypee.
2.	Arora, M.K. (2022). <i>Neurodevelopmental disorders in the Indian context: Different Disorders speak different stories</i> . New Delhi: Prestige Publications.
3.	Barlow, D. H., Durand, V. M., & Hofmann, S. G. (2016). <i>Abnormal psychology: An integrative approach</i> . Cengage learning.
4.	Butcher, J. N., Hooley, J. M., Kapur, P. & Mineka, S. (2018). <i>Abnormal psychology</i> . Pearson

Paper Components			
Credits	Lecture (L)	Tutorial (T)	Practical (P)
4	3	0	1
Assessment Scheme			
S.No.	Component	Marking Scheme	Total Marks

1	Internal Assessment <ul style="list-style-type: none"> • Assignment/Quiz/Project/Presentation • Class Test • Attendance 		30
		12	
		12	
		6	
2.	Continuous Assessment (Tutorial) <ul style="list-style-type: none"> • Activity 1 • Activity 2 • Attendance 		
3.	Practical <ul style="list-style-type: none"> • Continuous Assessment • End Term Written/Practical Exam • Viva 		40
		10	
		20	
		10	
4.	End Semester Examination		90