



Indraprastha College for Women

University of Delhi

Work Plan for ODD SEMESTER – 2025

Course Name:	B.A. (H) Psychology
Paper Title:	Development of Psychological Thought (Tutorial)
Unique Paper Code:	2112102301
Semester:	III
Faculty(s):	Dr. Swati Jain
Year:	2025

Work Plan			
Unit No.	Learning Objective	Lecture No.	Topics to be Covered
	Understanding the need and importance of history of disciplines	1	Introduction to the paper, pedagogy and readings
UNIT I-IV	To appreciate the polycentric history and diversity of interests and foci within psychology	2	Polycentric History of Psychology
		To understand the development of psychological thought from the Indian perspectives and its applications	3
	4		Activity 1
	5		Activity 1
	6		Activity 1
	7		Activity 1
	8		Activity 1
	Identify and appreciate the perspectives and significant contributions of luminaries in the history of psychology		9
		10	Activity 2
		11	Activity 2
		12	Activity 2
		13	Activity 2
		14	Activity 2
		15	Activity 2

Unit	Contents/Syllabus
I	Polycentric History of Psychology- Psychology of Consciousness: Eastern (Yoga and Vedant); and Western views (Wundt, James, Phenomenology) on Consciousness; applications of Yoga & Vedant.
II	Psychology of Behaviour and Mind: Rise of Behaviourism (Watson), Shift from Behaviourism to neo-behaviourism (Tolman, Skinner); Transition from Behaviourism to Cognitive Psychology (Paradigms and Themes); Applications of Behaviourism and Cognitive psychology.
III	Psychology of the Unconscious: Classical Psychoanalysis (Freud), Sociological Shift in Psychoanalysis (Horney, Erikson), Object Relations Perspective (Key Concepts); Existentialist & Humanist Perspective (Tenets and Concepts).
IV	Psychology of Subjective Experience: Humanist Psychology (Tenets), Rogerian Self Psychology; Existential Psychology (Tenets), Transpersonal Psychology (Themes & Contributions).
S. No.	Name of Authors/Books/Publishers
1.	Hergenhahn, B.R. & Henley, T.B. (2014). <i>An introduction to history of psychology</i> . London : Wadsworth,Cengage Learning.
2.	Leahey, T.H. (2005). <i>A history of psychology: Main currents in psychological thought</i> . Singapore: Pearson Education.
3.	Schultz, D.P. & Schultz, S.N. (2011). <i>A history of modern psychology</i> . London: Wadsworth, Cengage Learning
4.	Paranjpe, A. C. (1984). <i>Theoretical psychology: The meeting of East and West</i> . New York: Plenum Press.

Paper Components			
Credits	Lecture (L)	Tutorial (T)	Practical (P)
4	3	1	NA
Assessment Scheme			
S.No.	Component	Marking Scheme	Total Marks
1	Internal Assessment <ul style="list-style-type: none"> • Assignment/Quiz/Project/ Presentation • Class Test • Attendance 	 12 12 6	30
2.	Continuous Assessment (Tutorial) <ul style="list-style-type: none"> • Activity 1 • Activity 2 • Attendance 	 20 15 5	40
3.	Practical <ul style="list-style-type: none"> • Continuous Assessment • End Term Written/Practical Exam • Viva 	 NA NA NA	NA
4.	End Semester Examination		90