



Indraprastha College for Women

University of Delhi

Work Plan for ODD SEMESTER – 2026

Course Name:	GEC
Paper Title:	PSYCHOLOGY AND COMMUNITIES
Unique Paper Code:	2114000032
Semester:	VII
Faculty(s):	MS PAVANI TYAGI
Year:	2026-27

Work Plan			
Unit No.	Learning Objective	Lecture No.	Topics to be Covered
1	To learn the nature and types of communities in India	1	Definition of communities
1	To learn the nature and types of communities in India	2	Definition of communities
1	To learn the nature and types of communities in India	3	Types of communities
1	To learn the nature and types of communities in India	4	Types of communities
1	Understand the core concepts and values of Community Psychology	5	Working with communities in India
1	Understand the core concepts and values of Community Psychology	6	Working with communities in India
1	Understand the core concepts and values of Community Psychology	7	Nature and core values of community psychology
1	Understand the core concepts and values of Community Psychology	8	Nature and core values of community psychology
1	Understand the core concepts and values of Community Psychology	9	Ecological Systems Perspective in Community Psychology
1	Understand the core concepts and values of Community Psychology	10	Ecological Systems Perspective in Community Psychology
2	To critically examine concepts, paradigms and research methods relevant to community psychology.	11	Goals of Community Research
2	To critically examine concepts, paradigms and research methods relevant to community psychology.	12	Goals of Community Research
2	To critically examine concepts, paradigms and research methods relevant to community psychology.	13	Assumptions and Values underlying Research

2	To critically examine concepts, paradigms and research methods relevant to community psychology.	14	Assumptions and Values underlying Research
2	To critically examine concepts, paradigms and research methods relevant to community psychology.	15	Processes in Community Psychology Research
2	To critically examine concepts, paradigms and research methods relevant to community psychology.	16	Processes in Community Psychology Research
2	To critically examine concepts, paradigms and research methods relevant to community psychology.	17	Research paradigms and associated methods
2	To critically examine concepts, paradigms and research methods relevant to community psychology.	18	Research paradigms and associated methods
2	To critically examine concepts, paradigms and research methods relevant to community psychology.	19	Research paradigms and associated methods
2	To critically examine concepts, paradigms and research methods relevant to community psychology.	20	Transformative research with Indian communities
3	To comprehend the scope, relevance and applications of Community Psychology as a field	21	Empowerment as a goal for community psychologists
3	To comprehend the scope, relevance and applications of Community Psychology as a field	22	Empowerment as a goal for community psychologists
3	To comprehend the scope, relevance and applications of Community Psychology as a field	23	Empowerment as a goal for community psychologists
3	To comprehend the scope, relevance and applications of Community Psychology as a field	24	Community Mental Health
3	To comprehend the scope, relevance and applications of Community Psychology as a field	25	Community Mental Health
3	To comprehend the scope, relevance and applications of Community Psychology as a field	26	Changing Public Notions
3	To comprehend the scope, relevance and applications of Community Psychology as a field	27	Changing Public Notions
3	To comprehend the scope, relevance and applications of Community Psychology as a field	28	Changing Public Notions
3	To comprehend the scope, relevance and applications of Community Psychology as a field	29	Prevention and Treatment of Mental Health Problems at the Community Level
3	To comprehend the scope, relevance and applications of Community Psychology as a field	30	Prevention and Treatment of Mental Health Problems at the Community Level
3	To comprehend the scope, relevance and applications of Community Psychology as a field	31	Prevention and Treatment of Mental Health Problems at the Community Level
3	To comprehend the scope, relevance and applications of Community Psychology as a field	32	Prevention and Treatment of Mental Health Problems at the Community Level

3	To comprehend the scope, relevance and applications of Community Psychology as a field	33	Community-based Rehabilitation
3	To comprehend the scope, relevance and applications of Community Psychology as a field	34	Community-based Rehabilitation
3	To comprehend the scope, relevance and applications of Community Psychology as a field	35	Community based Rehabilitation
4	Gain greater grounding in community based processes and functioning	36	Community based work on maternal and child health
4	Gain greater grounding in community based processes and functioning	37	Community based work on maternal and child health
4	Gain greater grounding in community based processes and functioning	38	Community based work on maternal and child health
4	Gain greater grounding in community based processes and functioning	39	Community based work with communities facing natural disasters
4	Gain greater grounding in community based processes and functioning	40	Community based work with communities facing natural disasters
4	Gain greater grounding in community based processes and functioning	41	Community based work with communities facing natural disasters
4	Gain greater grounding in community based processes and functioning	42	Community based work with indigenous (tribal) communities
4	Gain greater grounding in community based processes and functioning	43	Community based work with indigenous (tribal) communities
4	Gain greater grounding in community based processes and functioning	44	Field visit to community settings.
4	Gain greater grounding in community based processes and functioning	45	Field visit to community settings.

Unit	Contents/Syllabus
I	UNIT – I: Community Psychology – An Introduction (12 Hours) Definition and types of communities; Nature and core values of community psychology; Ecological Systems Perspective in Community Psychology.
II	UNIT – II: Research in Community Psychology (12 Hours) Goals of Community Research; Assumptions and Values underlying Research in Community Psychology; Processes in Community Psychology Research; Research methods of Community Psychology.

III	UNIT – III: Working with Vulnerable Communities (9 Hours) Community based work on maternal and child health; Community based work with communities facing natural disasters; Community based work with indigenous (tribal) communities.
IV	UNIT – IV: Community Mental Health in India (12 Hours) Community Mental Health; Changing Public Stigma in India; Prevention and Treatment of Mental Health Problems at the Community Level; Community-based Rehabilitation.
S. No.	Name of Authors/Books/Publishers
1.	Bakic, H., & Ajdukovic, D. (2021). Resilience after natural disasters: the process of harnessing resources in communities differentially exposed to a flood. <i>European Journal of Psychotraumatology</i> , 12(1), 1891733.
2.	Cáceres, Á. L., Ramesh, R. M., Newmai, P., Kikon, R., & Deckert, A. (2023). Perceptions, health seeking behavior and utilization of maternal and newborn health services among an indigenous tribal community in Northeast India—a community-based mixed methods study. <i>Frontiers in Public Health</i> , 11.
3.	Deb, S., Sunny, A. M., & Sanyal, N. (2020). <i>Community Psychology: Theories and Applications</i> . SAGE Publications India Pvt Limited.
4.	Joseph, J. K., Anand, D., Prajeesh, P., Zacharias, A., Varghese, A. G., Pradeepkumar, A. P., & Baiju, K. R. (2020). Community resilience mechanism in an unexpected extreme weather event: An analysis of the Kerala floods of 2018, India. <i>International Journal of Disaster Risk Reduction</i> , 49, 101741.
5.	Kloos, B., Hill, J., Thomas, E., Wandersman, A., Elias, M. J., & Dalton, J. H. (2012). <i>Community Psychology: Linking Individuals and Communities</i> . Singapore: Wadsworth Cengage Learning.
6.	McNamara, R. A., & Naepi, S. (2018). Decolonizing community psychology by supporting indigenous knowledge, projects, and students: Lessons from Aotearoa New Zealand and Canada. <i>American Journal of Community Psychology</i> , 62(3–4), 340–349.
7.	Nelson, G., & Prilleltensky, I. (2005). <i>Community Psychology: In Pursuit of Liberation and Well-being</i> . Palgrave Macmillan.

Paper Components			
Credits	Lecture (L)	Tutorial (T)	Practical (P)
4	3	1	
Assessment Scheme			

S.No.	Component	Marking Scheme	Total Marks
1	Internal Assessment • Assignment/Quiz/Project/Presentation • Class Test • Attendance		30
		12	
		12	
		6	
2.	Continuous Assessment (Tutorial) • Activity 1 • Activity 2 • Attendance		40
		15	
		20	
		5	
3.	Practical • Continuous Assessment • End Term Written/Practical Exam • Viva	NA	
4.	End Semester Examination		90 Marks