



Indraprastha College for Women University of Delhi

Work Plan for ODD SEMESTER – 2026

Course Name:	BAH/BAP/BCom- GEC
Paper Title:	Foundations of Psychology (Tutorial)
Unique Paper Code:	2114001001
Semester:	I
Faculty:	Dr. Mitu Rohatgi
Year:	2026

Work Plan			
Unit No.	Learning Objective	Lecture No.	Topics to be Covered
1-4	Tutorial Assessment	1	Overview of the paper, pedagogy and tutorial assessments
		2	Discussion of Unit 1 – important questions from previous years papers
		3	Class discussion on Ethics in psychological research
		4	Class Activity
		5	Class presentations (4) for CA assessment 1
		6	Class presentations (4) for CA assessment 1
		7	Class presentations (4) for CA assessment 1
		8	Class presentations (4) for CA assessment 1
		9	Class presentations (4) for CA assessment 1
		10	Class presentations (4) for CA assessment 1
		11	Quiz on Unit 1&2 – CA assessment 2A
		12	Feedback on Presentations
		13	Quiz feedback and revision of Units 1&2
		14	Discussion of important questions from question bank for Units 2,3&4

		15	Quiz on Units 3&4 – CA assessment 2B

Unit	Contents/Syllabus
I	Unit 1: What is Psychology: Psychology as a science; Major schools of Psychology; Evolution of psychology in India; Subfields and Applications of Psychology
II	Unit 2: Mind as Information Processes: Bottom-up and Top-down processing, Perceptual organizational processes, Acquiring Information: Learning by Association, Social Cognitive Learning, Encoding and Retrieval in Memory: Information Processing model; Why we forget? Mnemonics

III	Unit 3: Self and Personality: Nature and Perspectives (Trait and Type, Jungian Theory of Psychoanalysis, Roger's Self Theory), Measures of Personality: Inventories and Projective techniques, Culture and Personality
IV	Unit 4: Intelligence and Creativity: Nature and Perspectives: Psychometric approach (Spearman's 'g' factor theory), Cognitive perspective (Fluid and Crystallized Intelligence; Triarchic Theory of Intelligence), Multiple Intelligences, Managing emotions intelligently, Nature of Creativity
S. No.	Name of Authors/Books/Publishers
1.	Baron, R.A and Misra, G. (2014). Psychology (Indian Subcontinent Edition). Pearson Education Ltd.
2.	Ciccarelli, S. K & Meyer, G.E (2008). Psychology (South Asian Edition). New Delhi: Pearson
3.	Feldman. S.R. (2009). Essentials of understanding psychology (7th Ed.). New Delhi: Tata Mc Graw Hill.
4.	Passer, M.W., Smith, R.E., Holt, N. and Bremner, A. (2008). Psychology: The Science of Mind and Behaviour. McGraw-Hill Education. UK
5.	Zimbardo, P.C. & Weber, A.L. (1997). Psychology. New York: Harper Collins College Publishers.
6.	Robinson-Riegler, G., & Robinson-Riegler, B. (2008). Cognitive psychology: Applying the science of the mind (2nd ed.). Boston: Pearson/Allyn and Bacon.
7.	Singh A.K (2017). संज्ञानात्मक मनोविज्ञान: Cognitive Psychology. Motilal Banarsidass Publishers Pvt.Ltd.
8.	Singh A.K (2017). उच्चतर सामान्य मनोविज्ञान Advanced General Psychology. Motilal Banarsidass Publishers Pvt.Ltd

Paper Components			
Credits	Lecture (L)	Tutorial (T)	Practical (P)
4	3	1	-
Assessment Scheme			
S.No.	Component	Marking Scheme	Total Marks
1	Internal Assessment		30

	• Assignment • Class Test • Attendance	12	
		12	
		6	
2.	Continuous Assessment (Tutorial) • Activity 1 • Activity 2 • Attendance		40
		15	
		20	
		5	
3.	Practical • Continuous Assessment • End Term Written/Practical Exam • Viva	NA	NA
4.	End Semester Examination		90