



Indraprastha College for Women University of Delhi

Work Plan for ODD SEMESTER – 2026

Course Name:	B.A. Program
Paper Title:	Introduction to Psychology of Gender
Unique Paper Code:	DSE-9
Semester:	VII
Faculty:	Ms. Simran Bodh
Year:	2026

Work Plan			
Unit No.	Learning Objective	Lecture No.	Topics to be Covered
I	Unit-I: Conceptualizing Gender	1	Social construction of gender
I		2	Gender as a social construct
I		3	Historical understanding of gender in psychology
I		4	Gender in the history of psychological research
I		5	Development of the concept of gender in psychology
I		6	Perspectives on gender as a social construct
I		7	Gender, identity, and social context
I		8	Critical understanding of gender in psychology
I		9	Review of Unit I: Conceptualizing Gender
II	Unit-II: Theoretical Perspectives of Gender Development	10	Psychoanalytic perspective
II		11	Psychoanalytic explanations of gender development
II		12	Cognitive-developmental perspective
II		13	Gender schema theory
II		14	Gender schema and gender development
II		15	Biological perspective
II		16	Biological influences on gender development
II		17	Social cognitive theory

II		18	Social cognitive theory of gender development and differentiation
II		19	Comparing theoretical perspectives on gender development
II		20	Review of Unit II: Theoretical Perspectives of Gender Development
III	Unit-III: Gender Based Issues and Challenges	21	Gender based issues and challenges
III		22	Discrimination against the gender spectrum
III		23	Understanding discrimination across the gender spectrum
III		24	Gender, power, privilege, and oppression
III		25	Gender and identity
III		26	Psychological experiences of gender discrimination
III		27	Challenges related to gender diversity
III		28	Critical perspectives on gender based discrimination
III		29	Review of Unit III: Gender Based Issues and Challenges
IV	Unit-IV: Current Frontiers in Psychology of Gender	30	Promoting equality
IV		31	Promoting equity
IV		32	Equality and equity in everyday life
IV		33	Gender neutral parenting
IV		34	Gender neutral child rearing
IV		35	Gender similarities hypothesis
IV		36	Gender similarities and differences
IV		37	Current issues in psychology of gender
IV		38	Applying principles of equality and equity
IV		39	Review of Unit IV: Current Frontiers in Psychology of Gender
IV		40	Integration of Unit IV concepts

Unit	Contents/Syllabus
I	Conceptualizing gender: Social construction of gender; Historical understanding of gender in psychology.
II	Theoretical perspectives of gender development: Psychoanalytic, Cognitive-developmental, Gender Schema, Biological, Social Cognitive Theory.
III	Gender based issues and challenges: Discrimination against gender spectrum.
IV	Current frontiers in psychology of gender: Promoting equality and equity; Gender neutral parenting; Gender similarities hypothesis.

S. No.	Name of Authors/Books/Publishers
1.	Vyas, A. N., Malhotra, G., Nagaraj, N. C., & Landry, M. (2020). Gender attitudes in adolescence: evaluating the Girl Rising gender-sensitization program in India. International Journal of Adolescence and Youth, 25(1), 126-139.
2.	Bussey, K., & Bandura, A. (1999). Social cognitive theory of gender development and differentiation. Psychological Review, 106(4), 676.
3.	Etaugh, C. A., & Bridges, J. S. (2015). Women's lives: A psychological exploration. Psychology Press.
4.	Helgeson, V. S. (2015). The psychology of gender. Psychology Press.
5.	Hyde, J. S. (1990). Meta-analysis and the psychology of gender differences. Signs: Journal of Women in Culture and Society, 16(1), 55-73.
6.	Koehler, G. (2016). Tapping the Sustainable Development Goals for progressive gender equity and equality policy? Gender & Development, 24(1), 53-68.
7.	Lorber, J. (1994). The social construction of gender. Paradoxes of Gender, 1, 1-8.
8.	Martin, K. A. (2005). William wants a doll. Can he have one? Feminists, child care advisors, and gender-neutral child rearing. Gender & Society, 19(4), 456-479.

Paper Components			
Credits	Lecture (L)	Tutorial (T)	Practical (P)
4	3	1	0
Practical component: NIL. Tutorial Component: 15 Hrs.			

S.No.	Component	Marking Scheme	Total Marks
1	Internal Assessment • Assignment • Class Test • Attendance	12+12+6	30
2	Continuous Assessment (Tutorial) • Tutorial activities • Attendance	20+15+5	40
3	Practical • NIL	NIL	NIL
4	End Semester Examination	90	90