



Indraprastha College for Women University of Delhi

Work Plan for ODD SEMESTER – 2026

Course Name:	B. A. (H) Psychology
Paper Title:	Bereavement, Grief and Healing - Tutorial
UPC	2113100025
Semester:	VII
Faculty:	Mr. Sanjay
Year:	2026

Work Plan			
Unit No.	Learning Objective	Lecture No.	Topics to be Covered
1	Introspective activity on the contextual understanding of loss and bereavement	1	Introduction to the activity, Instructions, division of groups and pairs
		2	Commencement of activity
		3	Activity continues
		4	Activity continues
		5	Activity continues
		6	Activity continues
		7	Discussion
		8	Termination and concluding notes on activity
2	An exploration of healing practices and interventions	9	Introduction to the activity, Instructions, division of groups and pairs
		10	Commencement of activity
		11	Activity continues
		12	Activity continues
		13	Activity continues
		14	Activity continues

		15	Discussion
		16	Termination and concluding notes on activity

S.No.	Component	Marking Scheme	Total Marks
1	Internal Assessment • Assignment • Class Test • Attendance	12+12+6	30
2	Continuous Assessment (Tutorial) • Tutorial activities • Attendance	20+15+5	40
3	Practical • NIL	NIL	NIL
4	End Semester Examination	90	90