



Indraprastha College for Women

University of Delhi

Work Plan for ODD SEMESTER – 2026

Course Name:	Skill Enhancement Course
Paper Title:	Early Childhood Care and Education Settings
Unique Paper Code:	2206000007
Semester:	V
Faculty(s):	Meeta Virmani
Year:	3 rd

Work Plan			
Unit No.	Learning Objective	Lecture No.	Topics to be Covered
1	Importance of early years and significance of ECCE	1	Meaning and objectives of ECCE and importance of early years
		2	Norms and developmental milestones of infants and young children
		3	Observations, developmental checklists and developmental delays
		4	Nurturing care framework and early childcare practices
		5	Review of existing ECCE programmes and policies in India
		6	Review of existing ECCE programmes and policies in India

			Care and stimulation activities for infants and young children
2	Developmentally Appropriate Activities for Young Children	7	Plan and Prepare multi sensory materials and activities
		8	Cognitive and Language development
		9	Use of music, dance, drama, storytelling, puppetry, rhymes/poems and art and craft
		10	Importance of- Indoor and outdoor activities; individual and group activities; free play and guided play; circle time
		11	Activities for school readiness
3	Components of ECCE Programmes	12	Daily routines in child care and preschool centres
		13	Creating safe spaces for children: Organizing indoor and outdoor material and equipment
		14	Understanding the ECCE curriculum: Developing daily, weekly and monthly plans
		15	Assessing children's development across domains
		16	Indicators of a quality ECCE centre

Unit	Contents/Syllabus
I	Meaning and objectives of ECCE and importance of early years Norms and developmental milestones of infants and young children Observations, developmental checklists and developmental delays Nurturing care framework and early childcare practices Review of existing ECCE programmes and policies in India
II	Care and stimulation activities for infants and young children Plan and prepare multi-sensory materials and activities to promote development across domains: Physical motor, socio-emotional Cognitive and Language development Use of music, dance, drama, storytelling, puppetry, rhymes/poems and art and craft Importance of- Indoor and outdoor activities; individual and group activities; free play and guided play; circle time Activities for school readiness
III	Daily routines in child care and preschool centres Creating safe spaces for children: Organizing indoor and outdoor material and equipment Understanding the ECCE curriculum: Developing daily, weekly and monthly plans Assessing children's development across domains Indicators of a quality ECCE centre
IV	
S. No.	Name of Authors/Books/Publishers
1.	ECCE National Curriculum Framework https://wcd.nic.in/sites/default/files/national_ecce_curr_framework_final_03022014%20%282%29.pdf
2.	Managing Children's Programmes: Some Perspectives. Indira Gandhi National Open

	University DECE Study Material. http://www.ignouhelp.in/ignou-dece-study-material/
3.	Organizing a Child Care Centre. Indira Gandhi National Open University DECE Study Material
4.	Soni, R. (2015). Theme Based Early Childhood Care and Education Programme: A Resource Book. National Council of Educational Research and Training.

Paper Components			
Credits	Lecture (L)	Tutorial (T)	Practical (P)
2	0	0	2
Assessment Scheme			
S.No.	Component	Marking Scheme	Total Marks
1	Internal Assessment - Assignment/Quiz/Project/Presentation - Class Test - Attendance		0
2.	Continuous Assessment (Tutorial) - Activity 1 - Activity 2 - Attendance		0
3.	Practical - Continuous Assessment - End Term Written/Practical Exam - Viva		4*20=80 marks
4.	End Semester Examination		NIL