



Indraprastha College for Women University of Delhi

Work Plan for ODD SEMESTER – 2026

Course Name:	Value Addition Course (VAC)
Paper Title:	The Gita for Sustainable Universe
Unique Paper Code:	6967000031
Semester:	III
Faculty:	Dr. Shanta Kumar
Year:	2026

Work Plan			
Unit No.	Learning Objective	Lecture No.	Topics to be Covered
I	Explain the timeless and universal ideas of the Gita	1	Course introduction; Sat and the timeless, universal concepts of the Gita; introductory discussion on sustainability
I	Relate the Gita's teachings to ecological consciousness	2	Ecological consciousness reflected in the Gita; planning an ecological conservation model
I	Analyze the causes of environmental degradation	3	Destruction of nature due to human ignorance, greed and ambition; development of the conservation model
I	Communicate the effects of human interference with nature	4	Unit I consolidation; preparation of a video or picture gallery on human interference with nature
II	Explain Prakriti and the Pancha-mahabhutas	5	Prakriti as Divine Energy; Pancha-mahabhutas as the building blocks of the universe
II	Compare natural entities through the Pancha-mahabhutas	6	Comparison of entities in terms of Pancha-mahabhutas; characteristics of each Mahabhuta
II	Interpret Triguna and the relationship between inner and outer nature	7	Triguna and diversity in nature; correlation between the external and internal worlds
III	Recognize nature as a provider and plan collective environmental action	8	Prakriti as provider of resources and its gifts to humankind; planning a group environmental action
III	Explain ecological reciprocity and responsibility	9	Reciprocity among Devata, Yajna and Dharma; responsibility for maintaining ecological balance
III	Apply environmental responsibility through group activity	10	Conducting and documenting a group activity to make the earth a better place; audio-visual sharing

IV	Apply values of self-discipline and balance to sustainability	11	Values for sustainability; Yoga as self-discipline and balance
IV	Relate oneness and equanimity to responsible resource use	12	Oneness with nature and Samattvam Yoga; judicious sharing and use of natural resources
IV	Evaluate personal ecological footprints using Gita-based values	13	Managing ecological footprint; Krishna-Arjuna role-play and documentary-based discussion
	Present and communicate course learning	14	Student presentations
	Demonstrate completion of practical work	15	Practical file evaluation and feedback

S. No.	Name of Authors/Books/Publishers
1.	The Bhagavad Gita. Any standard translation with Sanskrit text and explanatory notes.
2.	Radhakrishnan, S. The Bhagavadgita, Harper Collins India.
3.	Gandhi, M. K. The Bhagavad Gita According to Gandhi. North Atlantic Books.
4.	Agarwal, S. K. Environmental Ethics: Concepts and Perspectives. APH Publishing.