



Indraprastha College for Women University of Delhi

Work Plan for ODD SEMESTER – 2026

Course Name:	B. A. (H/P)
Paper Title:	Ethics and Culture
Unique Paper Code:	6967000006
Semester:	I
Faculty:	Mr. Tumchopemo E. Tsanglao
Year:	1st Year

Work Plan			
Unit No.	Learning Objective	Lecture No.	Topics to be Covered
1	To open the course by locating ethics in the students' own experience, and to establish the recognition of common humanity, empathy, compassion and justice as its starting point.	1-3	Introduction — the basis of ethics: getting to know each other; what to expect from the course; recognition of our common humanity; empathy, compassion and justice.
2	To examine how intelligence, reason and emotion bear on ethical discernment, and to develop the skills of conflict resolution and emotional balance.	4-7	The role of intelligence, reason and emotions: discernment and the right thing to do; the art of conflict resolution; destructive and constructive emotions; the need for emotional balance.
3	To cultivate inner values — mindfulness, kindness, self-discipline, integrity and creativity — and to apply them to vocation, work and the balance between them.	8-11	Cultivating inner values — ethics in the world of work and play: training the mind, mindfulness and kindness; meditation; discovering vocation and interests; self-discipline, integrity, commitment and creativity; work–life balance.
4	To connect personal ethics to collective life through debate and dialogue, shared cultural values, and sustained outreach in the community.	12-15	Striving for a better world: means and ends; debate and dialogue; culture as shared values; creating and sustaining ethical cultures through philosophy, religion, literature, theatre, cinema, music and media; outreach activities.

Unit	Contents/Syllabus
I	Introduction — The Basis of Ethics: Getting to Know Each Other; What to Expect from the Course; Recognition of Our Common Humanity; Empathy, Compassion and Justice
II	The Role of Intelligence, Reason and Emotions: Discernment; The Art of Conflict Resolution; Destructive and Constructive Emotions; The Need for Emotional Balance
III	Cultivating Inner Values — Ethics in the World of Work and Play: Mindfulness and Kindness; Meditation; Vocation and Interests; Self-discipline, Integrity, Commitment, Creativity; Work–Life Balance
IV	Striving for a Better World: Means and Ends; Debate and Dialogue; Culture as Shared Values; Creating and Sustaining Ethical Cultures — Philosophy, Religion, Literature, Theatre, Cinema, Music, Media; Outreach Activities
S. No.	Name of Authors/Books/Publishers
1.	Aristotle. Nicomachean Ethics. London: Penguin Classics, 2004.
2.	Swami Vivekananda. The Complete Works of Swami Vivekananda. Kolkata: Advaita Ashrama, 2016.
3.	Premchand, Munshi. “Panch Parmeshwar” (trans. “The Holy Panchayat”). Eliot, George. Silas Marner.
4.	Wordsworth, William. “We Are Seven.” Blake, William. “The Chimney Sweeper.”

	Paper Components		
Credits	Lecture (L)	Tutorial (T)	Practical (P)

2	1	0	1
Assessment Scheme			
S.No.	Component	Marking Scheme	Total Marks
1	Internal Assessment - Assignment - Class Test - Attendance	10	10
		4	
		4	
		2	
2.	Continuous Assessment (Tutorial) - Activity 1 - Activity 2 - Attendance		NA
3.	Practical - Continuous Assessment - End Term Written/Practical Exam - Viva	40	40
		20	
		20	
4.	End Semester Examination		30