



Indraprastha College for Women University of Delhi

Work Plan for ODD SEMESTER – 2026

Course Name:	B.A.H. GE
Paper Title:	Foundations of psychology
Unique Paper Code:	2114001001
Semester:	I
Faculty:	Mrs. Tejshwee Kumari
Year:	2026-2027

Work Plan			
Unit No.	Learning Objective	Lecture No.	Topics to be Covered
1	What is psychology	1	About psychology
1	Psychology as a science	2	About psychology
1	Major schools of psychology	3	Different schools of thought
1	Evolution of psychology in India	4	Science of Indian psychology
1	Subfields of psychology	5	Dimensions of psychology
1	Application of psychology	6	Different applications of psychology
2	Mind as information processor	7	Information processor
2	Bottom up and Top down processing	8	Types of information processing
2	Perceptual organizational processes	9	Perceptual organizational processes
2	Acquiring information	10	To acquire information
2	Learning by Association	11	Learn by Association
2	Social cognitive learning	12	Cognitive learning
2	Encoding and retrieval in memory	13	Encoding Of memory
2	Information processing model	14	Processing model
2	Why we forget?	15	Know about forget
2	Mnemonics	16	Learning
3	Self and personality	17	To know about self personality
3	Nature and Perspectives	18	Prospective nature
3	Rogers self theory	19	Self theory

Unit	Contents/Syllabus
I	What is psychology
II	Mind as information processor
III	Self and personality
S. No.	Name of Authors/Books/Publishers
1.	Essentials of understanding psychology 7th edition peldman S R
2.	Psychology: The science of Mind and behaviour passer and smith
3.	
4.	

Paper Components			
Credits	Lecture (L)	Tutorial (T)	Practical (P)
4	2	0	0
Assessment Scheme			
S.No.	Component	Marking Scheme	Total Marks
1	Internal Assessment		30
	• Assignment	12	
	• Class Test	12	
	• Attendance	6	

2.	Continuous Assessment (Tutorial)		
3.	Practical		
4.	End Semester Examination		70