



Indraprastha College for Women University of Delhi

Work Plan for ODD SEMESTER – 2026

Course Name:	BA (Program)
Paper Title:	Fundamentals of Psychology
Unique Paper Code:	2112201101
Semester:	I
Faculty:	Dr. Meenakshi Verma
Year:	2026

Work Plan			
Unit No.	Learning Objective	Lecture No.	Topics to be Covered
I	Understanding the basic nature of Psychology	1	Introduction to Psychology
		2	Goals and Scope
		3	History of Psychology
		4	Sub-fields of Psychology
		5	Sub-fields of Psychology
		6	Perspectives of Psychology
		7	Perspectives of Psychology
		8	Perspectives of Psychology
		9	Class Test
II	Understanding the psychological processes Application of the principles of Learning and Memory	1	Nature of Learning
		2	Classical Conditioning
		3	Classical Conditioning
		4	Operant Conditioning
		5	Operant Conditioning
		6	Observational Learning
		7	Nature of Memory
		8	Information Processing
		9	Information Processing
		10	Levels of Processing
		11	Parallel distributed processing
		12	Techniques for improving Memory

		13	Class Assignment
III	Understanding the psychological processes Application of the principles of Personality and Intelligence	1	Nature of Personality
		2	Theories of Personality
		3	Theories of personality
		4	Theories of personality
		5	Theories of personality
		6	Nature of Intelligence
		7	Theories of Intelligence
		8	Theories of Intelligence
		9	Theories of Intelligence
		10	Theories of Intelligence
		11	Theories of Intelligence
		12	Theories of Intelligence

Unit	Contents/Syllabus
I	Psychology: Nature, goals and scope; Perspectives in psychology: Structuralism, Functionalism, Evolutionary, Psychodynamic, Behaviourism, Cognitive, Humanistic-Existential, Indian perspective.
II	Nature of Learning and applications: Classical conditioning, operant conditioning, observational learning. Memory: Nature and models of memory- Information processing, levels of processing, parallel distributed processing; techniques for improving memory.
III	Personality: Nature of personality; theories of personality: Trait theory (Big Five Theory), Psychoanalytic and Humanistic Intelligence: Nature of intelligence; theories of intelligence: Spearman's two factor, Gardener's multiple intelligence, Sternberg triarchic theory; PASS model
S. No.	Name of Authors/Books/Publishers
1.	Baron, R. A. & Mishra, G. (2016). Psychology. Pearson.
2.	Baron, R. A. (2002). Psychology (5th Edition), New Delhi: Pearson Education. Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. New Delhi: Pinnacle Learning.
3.	Ciccarelli, S. K., & Meyer, G. E. (2010). Psychology: South Asian Edition. New Delhi: Pearson Education.
4.	Passer, M.W. & Smith, R.E. (2010). Psychology: The science of mind and behaviour. New Delhi: Tata McGraw-Hill.

5.	Feldman R.S. (2011).Understanding Psychology, 10th edition.Delhi : Tata- McGraw Hill. Hilgard & Atkinson- Introduction to Psychology (2003) 14th Edition, Thomson Learning Inc.
6.	Morgan, C.T., King, R.A., Weisz, J.R., &Schopler, J. (2008). Introduction to psychology (7th edition) Bombay: Tata-McGraw Hill.
7.	Hussain, Akbar (2014). Experiments in Psychology. Publishers: PHI learning Pvt. Ltd.
8.	Mohanty. G. (2010). Experiments in Psychology. New Delhi: Kalyani Publishers.
9.	Dandekar. W.N (1999). Experimental Psychology. Pune: Proficient publishing house.

Paper Components			
Credits	Lecture (L)	Tutorial (T)	Practical (P)
4	3	NA	1
Assessment Scheme			
S.No.	Component	Marking Scheme	Total Marks
1	Internal Assessment - Assignment - Class Test - Attendance		30
		12	
		12	
		6	
2.	Continuous Assessment (Tutorial) - Activity 1 - Activity 2 - Attendance	NA	
3.	Practical - Continuous Assessment - End Term Written/Practical Exam - Viva		40
		10	
		20	
		10	
4.	End Semester Examination		90