



**Indraprastha College for Women
University of Delhi**

Work Plan for ODD SEMESTER – 2026

Course Name:	GEC
Paper Title:	Foundations of Developmental Psychology
Unique Paper Code:	2114000016
Semester:	V
Faculty:	Dr. Meenakshi Verma
Year:	2026

Work Plan			
Unit No.	Learning Objective	Lecture No.	Topics to be Covered
I	1. To equip the learner with an understanding of the concepts and issues of human development 2. To examine and discuss major theories of development 3. To enumerate stages and types of development	1	Nature of Developmental Psychology
		2	Issues related to Development
		3	Theoretical perspectives
		4	Theoretical perspectives
		5	Theoretical perspectives
		6	Theoretical perspectives
		7	Theoretical perspectives
		8	Indian Model of Human Development
		9	Indian Model of Human Development
II		10	Cognitive development – Piaget
		11	Cognitive development – Piaget
		12	Cognitive development – Piaget
		13	Cognitive development – Vygotsky
		14	Cognitive development – Vygotsky

		15	Moral – Kohlberg
		16	Moral – Kohlberg
		17	Moral – Kohlberg
		18	Assignment 1
		19	Emotional – Attachment and Temperament
		20	Emotional – Attachment and Temperament
		21	Emotional – Attachment and Temperament
		22	Emotional – Attachment and Temperament
III		23	Prenatal development – Conception, Prenatal Stages
		24	Prenatal development – prenatal stages
		25	Prenatal development – prenatal environmental influences
		26	Prenatal development – prenatal environmental influences
		27	Childbirth and childbirth complications
		28	Childbirth and childbirth complications
		29	Assignment 2
		30	Infancy (Physical and Motor Development)
		31	Infancy (Physical and Motor Development)
		32	Infancy (Physical and Motor Development)

Unit	Contents/Syllabus
I	Nature, issues, and theoretical perspectives- Psychoanalytic, Psychosocial and Ecological perspectives. Indian model of human development

II	Cognitive Development- Piaget and Vygotsky, Moral Development-Kohlberg Emotional Development-Attachment and temperament
III	Stages of Development I: Prenatal Development, Birth and Infancy (Physical and Motor Development)
S. No.	Name of Authors/Books/Publishers
1.	Berk, L.E. (2010). Child Development (9 th Edition). New Delhi: Prentice Hall
2.	Feldman, R.S. & Babu, N. (2023). Development across the lifespan. Pearson
3.	Rangaswami, k. (1992). Indian model of stages in human development and developmental tasks. Indian Journal of Psychological Medicines, 15(1), pp. 77-82. doi:10.1177/0975156419920112)
4.	Santrock, J.W. (2012). Lifespan development (13 th ed.) New Delhi: McGraw Hill.

Paper Components			
Credits	Lecture (L)	Tutorial (T)	Practical (P)
4	3	NA	1
Assessment Scheme			
S.No.	Component	Marking Scheme	Total Marks
1	Internal Assessment - Assignment - Class Test - Attendance		30
		12	
		12	
		6	
2.	Continuous Assessment (Tutorial) - Activity 1 - Activity 2 - Attendance		NA
3.	Practical		

	- Continuous Assessment - End Term Written/Practical Exam - Viva	10	40
		20	
		10	
4.	End Semester Examination		90