



Indraprastha College for Women

University of Delhi

Work Plan for ODD SEMESTER – 2025

Course Name:	BAP
Paper Title:	EMPOWERMENT OF WOMEN AND CHILDREN
Unique Paper Code:	2202332301
Semester:	III
Faculty(s):	Dr. Krushnapriya Sahoo
Year:	2026

Work Plan			
Unit No.	Learning Objective	Lecture No.	Topics to be Covered
1	Develop an understanding about the status of women and children in India	1-4	Demographic profile of women and children.
		5-8	Issues related to women and children
2	Evaluate various programmes and services for women and children in India	9-12	Women Empowerment: Definition, Need and Importance
		13-16	Programmes for Women: Any two
		17-20	Programmes for Children: Any Two
3	Understand the importance of maternal health and education.	21-22	Importance of Maternal Health and Education
PRACTICAL			
1		1-15	Visit to one organization working for children.
2		16-30	Visit to one organization working for women.
3		31-45	Review of one movie/ documentary/ video/ book based on children.
		46-60	Interview of a mother to understand the importance of education and awareness in raising healthy children.

Unit	Contents/Syllabus
I	Status of Women and Children in India Demographic profile of women and children. Issues related to women and children
II	Programmes and Services for Women Empowerment Women Empowerment: Definition, Need and Importance Programmes for Women: Any two Programmes for Children: Any Two
III	Maternal Health and Education Importance of Maternal Health and Education Impact of Maternal Health and Education on Child Development Maternal Mortality: Statistics, Causes and Prevention
S. No.	Name of Authors/Books/Publishers
1.	Sobti, S (2009). Women and children: Issues & suggestions. New Delhi: Rajiv Publishers.
2.	Verma, S.B. and Soni, M. L. (2005). Mahila jagrute aur sashaktikaran. Jaipur: Aaveeskar Publishers.
3.	Women Rights are Human Rights (2014). Geneva and New York: United Nations Publications
4.	Women's Rights in India (2021). National Human Rights Commission, India

Paper Components			
Credits	Lecture (L)	Tutorial (T)	Practical (P)
4	2	0	2
Assessment Scheme			
S.No.	Component	Marking Scheme	Total Marks
1	Internal Assessment - Assignment/Quiz/Project/Presentation - Class Test - Attendance		20
		8	
		8	
		4	
2.	Continuous Assessment (Tutorial) - Activity 1 - Activity 2		NA
		NA	
		NA	

	• Attendance	NA	
3.	Practical		80
	• Continuous Assessment	20	
	• End Term Written/Practical Exam	40	
	• Viva	20	
4.	End Semester Examination	80	60