



Indraprastha College for Women University of Delhi

Work Plan for ODD SEMESTER – 2026

Course Name:	VAC
Paper Title:	Ethics and Culture
Unique Paper Code:	6967000006
Semester:	III
Faculty:	Dr. Supriya Saha
Year:	2026-27

Work Plan			
Unit No.	Learning Objective	Lecture No.	Topics to be Covered
I	Students will get to learn about the basis of Ethics which would enable them to explore the ethical, moral and cultural dimension of their lives.	1-8	Introduction: The Basis of Ethics Knowing one another Recognising a common humanity Empathy, compassion and justice
II	To provide the students with an edge to make ethical decisions/how to resolve conflicting issues or ethical dilemmas/ to identify constructive and destructive emotions and also the need to work towards maintaining one's emotional balance.	9-20	Discernment – What is the right thing to do. The Art of conflict resolution. Destructive and Constructive emotions. The need for emotional balance.
III	To provide a forum for students to pause, reflect and revisit their beliefs and assumptions and become mindful of their thoughts, emotions and actions.	21-40	Mindfulness and Kindness by training the mind. Meditation/ self-discipline/Commitment/integrity/creativity Work-life balance.
IV	To cultivate ethical values and participate in the creation of a society based on acceptance, compassion and justice	41-52	Creating and sustaining ethical cultures through philosophy, religion, cinema etc Culture as shared Values Means and Ends Outreach Activities.

Unit	Contents/Syllabus
I	To know each other, Recognition of our common Humanity, Empathy, Compassion, and Justice.
II	Discernment: What is the right thing to do/ The Art of Conflict Resolution/ Destructive and Constructive Emotions/ Emotional Balance.
III	Mindfulness and Kindness/ Meditation/ discovering one's vocation and interests/ self-discipline and other values/ work-life balance
IV	Means and Ends/ Culture as shared values/ Creating and sustaining ethical cultures through Philosophy, Religion etc/ Outreach activities.
S. No.	Name of Authors/Books/Publishers
1.	Reading as per University recommendation.

Paper Components			
Credits	Lecture (L)	Tutorial (T)	Practical (P)
	1	0	2
Assessment Scheme			
S.No.	Component	Marking Scheme	Total Marks
1	Internal Assessment - Assignment - Class Test - Attendance	10	10
		4	
		4	
		2	
2.	Continuous Assessment (Tutorial) - Activity 1 - Activity 2 - Attendance		
3.	Practical - Continuous Assessment - End Term Written/Practical Exam - Viva		40
		40	
4.	End Semester Examination		30