



Indraprastha College for Women

University of Delhi

Work Plan for ODD SEMESTER – 2025

Course Name:	Skill Enhancement Course
Paper Title:	Early Childhood Care and Education Settings
Unique Paper Code:	2206000007
Semester:	III
Faculty(s):	Dr. Seema Tamta
Year:	2026

Work Plan			
Period	Unit No.	Learning Objective	Topics to be Covered
30 th – 6 th Aug	I	Importance of early years and significance of ECCE	Meaning and objectives of ECCE and importance of early years
13 th – 20 th Aug			Norms and developmental milestones of infants and young children
27 th – 3 rd Sep			Observations, developmental checklists and developmental delays
27 th – 3 rd Sep			Nurturing care framework and early childcare practices
27 th – 3 rd Sep			Review of existing ECCE programmes and policies in India
10 th – 17 th Sep			Review of existing ECCE programmes and policies in India
24 th – 1 st Oct	II	Developmentally appropriate activities for young children	Care and stimulation activities for infants and young children
24 th – 1 st Oct			Plan and prepare multi-sensory materials and activities to promote development across domains: Physical motor, socio-emotional

8 th – 14 th Oct			Cognitive and Language development
8 th – 14 th Oct			Use of music, dance, drama, storytelling, puppetry, rhymes/poems and art and craft
5 th -12 th Nov			Importance of- Indoor and outdoor activities; individual and group activities; free play and guided play; circle time
5 th -12 th Nov			Activities for school readiness
5 th -12 th Nov	III	Components of ECCE Programme	Daily routines in child care and preschool centres
5 th -12 th Nov			MID SEMESTER BREAK
			Creating safe spaces for children: Organizing indoor and outdoor material and equipment
5 th -12 th Nov			Understanding the ECCE curriculum: Developing daily, weekly and monthly plans
8 th -19 th Nov			Assessing children's development across domains
8 th -19 th Nov			Indicators of a quality ECCE centre
20 th Nov			DISBURSAL OF CLASSES

Unit	Contents/Syllabus
I	Meaning and objectives of ECCE and importance of early years Norms and developmental milestones of infants and young children Observations, developmental checklists and developmental delays Nurturing care framework and early childcare practices Review of existing ECCE programmes and policies in India
II	Care and stimulation activities for infants and young children Plan and prepare multi-sensory materials and activities to promote development across domains: Physical motor, socio-emotional Cognitive and Language development Use of music, dance, drama, storytelling, puppetry, rhymes/poems and art and craft Importance of- Indoor and outdoor activities; individual and group activities; free play and guided play; circle time Activities for school readiness

III	Daily routines in child care and preschool centres Creating safe spaces for children: Organizing indoor and outdoor material and equipment Understanding the ECCE curriculum: Developing daily, weekly and monthly plans Assessing children's development across domains Indicators of a quality ECCE centre
S. No.	Name of Authors/Books/Publishers
1.	ECCE National Curriculum Framework https://wcd.nic.in/sites/default/files/national_ecce_curr_framework_final_03022014%20%282%29.pdf
2.	Managing Children's Programmes: Some Perspectives. Indira Gandhi National Open University DECE Study Material. http://www.ignouhelp.in/ignou-dece-study-material/
3.	Organizing a Child Care Centre. Indira Gandhi National Open University DECE Study Material
4.	Soni, R. (2015). Theme Based Early Childhood Care and Education Programme: A Resource Book. National Council of Educational Research and Training.

	Paper Components		
Credits	Lecture (L)	Tutorial (T)	Practical (P)
			4
Assessment Scheme			
S.No.	Component	Marking Scheme	Total Marks
1	Internal Assessment - Assignment/Quiz/Project/ Presentation - Class Test - Attendance		
2.	Continuous Assessment (Tutorial) - Activity 1 - Activity 2 - Attendance		
3.	Practical - Continuous Assessment - End Term Written/Practical Exam - Viva		80
4.	End Semester Examination		