



Indraprastha College for Women University of Delhi

Work Plan for ODD SEMESTER – 2026

Course Name:	B.A.
Paper Title:	Public health, hygiene and nutrition
Unique Paper Code:	2206000018
Semester:	III
Faculty:	Dr. Bindu Das
Year:	2026-27

Work Plan			
Unit No.	Learning Objective	Lecture No.	Topics to be Covered
1.	Introduction to Public health and hygiene	1-7	Significance of public health, and hygiene
		8-15	Introduction to health care and Wash
2.	Public health and Biology	16-20	Public Health Nutrition
		21-25	Appilication of nutrition concept to design program of public health concern
		26-27	communicable disease
3.	Environmental determinants of Public Health	28-31	Determinants of Environmental Health: Factors that affects environmental health
		32-35	Occupational environment and health concerns
		36-40	Understanding effect of air, water and soil pollution pollution on health.

Unit	Contents/Syllabus
I	Introduction to Public health and hygiene 1. Significance of public health, and hygiene 2. Introduction to health care and Wash

II	Public health and Biology 1. Public Health Nutrition 2. Application of nutrition concept to design program of public health concern 3. Communicable disease
III	Environmental determinants of Public Health 1. Determinants of Environmental Health: Factors that affect environmental health 2. Occupational environment and health concerns 3. Understanding effect of air, water and soil pollution on health.
S. No.	Name of Authors/Books/Publishers
1.	Aschengrau A, Seage G.R., (2013) Essentials Of Epidemiology In Public Health Jones and Bartlett Publishers, Inc; 3rd edition
2.	Bamji MS, Rao NP, Reddy V.(2017).Textbook of human nutrition. (4th ed). Delhi: Oxford and IBH Publishing co. (P) Ltd.
3.	Environmental Microbiology edited by I.L. Pepper, C.P. Gerba, T.J. Gentry. 3rd edition. Academic Press, USA. 2014.
4.	Gibney et al.(2004). Public health nutrition. Hoboken, NJ: Blackwell Publishing
5	N. Okafor. (2011) Environmental Microbiology of Aquatic and Waste Systems by Springer, USA.
5	Waste Water Microbiology by D.H. Bergey. 2nd Edition. Medtech, India. 2019.
6	Park, K. (2017), Preventive and Social Medicine, B.B. Publishers

Paper Components			
Credits	Lecture (L)	Tutorial (T)	Practical (P)
	0	0	2
Assessment Scheme			
S.No.	Component	Marking Scheme	Total Marks
1	Internal Assessment		

	• Assignment • Class Test • Attendance		
2.	Continuous Assessment (Tutorial) • Activity 1 • Activity 2 • Attendance		
3.	Practical • Continuous Assessment • End Term Written/Practical Exam • Viva	75	
4.	End Semester Examination		