



INDRAPRASTHA COLLEGE FOR WOMEN

UNIVERSITY OF DELHI

WORK PLAN FOR ODD SEMESTER – 2026

Course Name	B.A. (P); B.Com. (H); B.A (H)
Paper Title	National Cadet Corps-III
Unique Paper Code	6967002301
Semester	III
Faculty	Lt. Mrinalini Singh
Year	2026

Course Structure

The provided NCC-III syllabus specifies four units distributed over 15 weeks (5 + 4 + 4 + 2 weeks).

Credit distribution, eligibility/pre-requisites, and numerical assessment scheme are not specified in the material provided.

Learning Objectives

- Develop confidence, communication skills and a constructive mindset through group discussion and public speaking.
- Reinforce awareness of the duties and responsibilities of NCC cadets.
- Develop an understanding of leadership through case studies of exemplary personalities.
- Build awareness of disaster management, including the organisation of NDMA, types of disasters, essential services and assistance.
- Introduce cadets to adventure activities and develop awareness of their discipline, safety and physical requirements.

Learning Outcomes

- Communicate ideas effectively in group discussions and public speaking situations.
- Demonstrate awareness of the duties and responsibilities of NCC cadets.
- Identify and discuss leadership qualities using the prescribed case studies.

- Explain the basic organisational role of NDMA and distinguish major types of disasters, essential services and forms of assistance.
- Demonstrate awareness of adventure activities and the importance of discipline, safety and teamwork in such activities.

Work Plan (Theory)

The following work plan follows the unit-wise duration and topics supplied for NCC-III. Suggested learning activities are included to make the syllabus suitable for classroom delivery.

Unit No.	Unit	Lecture/Week	Topics to be Covered	Suggested Learning Activity
I	Personality Development	Weeks 1–5	Group Discussion – Change your Mindset; Public Speaking; Duties of NCC Cadets	Group discussion; mindset reflection exercise; structured public-speaking activity; discussion on cadet duties.
II	Leadership	Weeks 6–9	Case Studies – APJ Abdul Kalam; Deepa Malik; Maharana Pratap; N. R. Narayana Murthy	Case-study presentations; leadership-quality mapping; group discussion; comparative leadership analysis.
III	Disaster Management	Weeks 10–13	Organisation of NDMA; Types of Disasters; Essential Services; Types of Assistance	NDMA organisational chart; disaster classification exercise; essential-services mapping; case-based discussion on assistance.
IV	Adventure Activities	Weeks 14–15	Parasailing; Slithering; Rock	Visual/orientation session; safety briefing;

			Climbing; Cycling and Trekking	equipment familiarisation where available; discussion of preparation and risk awareness.
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Week-wise Teaching Plan

Week	Unit	Topic	Suggested Classroom / Training Activity
1	Personality Development	Group Discussion – Change your Mindset	Orientation and structured group discussion
2	Personality Development	Public Speaking	Techniques, preparation and short speaking exercise
3	Personality Development	Public Speaking	Practice, delivery and constructive feedback
4	Personality Development	Duties of NCC Cadets	Discussion and responsibility-mapping activity
5	Personality Development	Unit revision / integration	Group discussion and assessment of communication skills
6	Leadership	Case Study – APJ Abdul Kalam	Leadership traits and values
7	Leadership	Case Study – Deepa Malik	Resilience, determination and leadership
8	Leadership	Case Study – Maharana Pratap	Courage, commitment and leadership

9	Leadership	Case Study – N. R. Narayana Murthy	Vision, ethics and organisational leadership
10	Disaster Management	Organisation of NDMA	Structure, role and coordination
11	Disaster Management	Types of Disasters	Classification and examples
12	Disaster Management	Essential Services	Critical services during disasters
13	Disaster Management	Types of Assistance	Relief, rescue and support measures
14	Adventure Activities	Parasailing; Slithering	Orientation, safety and equipment awareness
15	Adventure Activities	Rock Climbing; Cycling and Trekking	Safety, preparation and practical orientation

Work Plan (Practical / Practice)

The NCC-III syllabus supplied for preparation lists the four theory units and their week-wise distribution but does not separately prescribe a practical/practice component. Therefore, no independent 15-week practical syllabus or assessment scheme has been added. Practical exposure to adventure activities may be undertaken only as per authorised NCC/unit arrangements, available facilities, trained supervision and applicable safety protocols.

Syllabus Contents

UNIT–I Personality Development (5 Weeks)

- Group Discussion – Change your Mindset
- Public Speaking
- Duties of NCC Cadets

UNIT–II Leadership (4 Weeks)

- Case Studies – APJ Abdul Kalam
- Case Studies – Deepa Malik
- Case Studies – Maharana Pratap
- Case Studies – N. R. Narayana Murthy

UNIT–III Disaster Management (4 Weeks)

- Organisation of NDMA
- Types of Disasters
- Essential Services
- Types of Assistance

UNIT–IV Adventure Activities (2 Weeks)

- Parasailing
- Slithering
- Rock Climbing
- Cycling and Trekking

Suggested Readings / Reference Material

No specific list of suggested readings was included in the NCC-III syllabus material supplied for this work plan.

Examination Scheme and Assessment

The numerical examination/assessment scheme was not provided in the NCC-III syllabus supplied. Assessment and examination components should therefore be incorporated as per the applicable University of Delhi/Examination Branch directions.