

SAFE FOOD CAMPAIGN

Eco Club

Indraprastha College for Women

University Of Delhi

On 27 February 2017, The Eco Club organized a talk in collaboration with Living Farms Organization to make the students understand the 'Magic of Millets' which was followed by a tasting session where the meal comprised of homemade food items made of Millets.

The event took place in the AV room from 11:30pm to 2:30pm. The speakers of the day were Pallavi Upathaya and Dwiji from Living Farms Organisation. The organisation is working on motivating people to increase the consumption of millets in their meals. The speakers also brought along some seeds and samples of grains that can be used by us in daily lives. They even shared some delicious food recipes which was tried by many thereafter.

The audience was fully convinced by the words of the speakers that how unaware we are, living in urban civilization, of the magic that our old traditional grains bring to us and also how it helps sustain us a healthy lifestyle.

GALLERY



