

**Capacity Building and Skill Enhancement Initiatives taken by the Institution****1. Soft Skills 2. Language and Communication Skills 3. Life Skills (Yoga, Physical Fitness, Health and Hygiene 4. ICT/Computing Skills**

<b>Name of the capacity development and skills enhancement program</b>	<b>Date of implementation</b>	<b>Number of students enrolled</b>	<b>Name of the agencies/consultants involved with contact details</b>
Motivational Talk on Disability Inclusion	6 November 2019	60	Ms. Devika Malik, International Disability Inclusion Advocate & TEDx Speaker and Social Entrepreneur, Co-founder of the Wheeling Happiness Foundation
Workshop on Social Emotional Learning Tools	25 February 2020	41	Light Up (Emotions Matter Foundation)
Workshop on Communication Skills and Case Studies	31 January 2020	29	Career Launcher
Webinar - How to write an Effective Resume	25 April 2020	86	CV Owl, New Delhi
Workshop on Personal Interview & Group Discussion Skills	27 August 2019	75	Lean In, Bengaluru
Workshop on Resume Writing	19 August 2019	184	CV Owl, New Delhi
Workshop on Learning Excel	7 August 2019	41	Career Guidance and Placement Cell of the College
Research Writing Workshop	23 October 2019	105	Centre of Writing and Communication, Ashoka University, Sonipat
Webinar: Cyber Crime Prevention and Protection in Present Scenario	29 April 2020	50	Mr. Pritam Singh, Platform and Security Engineer, Infoblox, Bengaluru
Skill Enhancement Workshop on R	28-29 August 2019	13	Arthagya- The Economics Association of the College
The Joy of Present Moment: Expressive Therapy Workshop	17 October 2019	25	Ms. Sophia Ali, International Somatic Movement Education and Therapy Association, USA
Japanese Butoh: Dancing Meditation Workshop	17 October 2019	22	Ms. Tarini Anchan, Individual Consultant
Research Methodology Workshop	4 September 2019	150	Department of BA Program of the College
Online Creative Writing Training	15 January-20 February 2020	15	Intershala
Creative Writing Workshop	22 October 2019	83	Centre of Writing and Communication, Ashoka University, Sonipat
Yoga and Meditation, Physical and Mental Activities	2 September 2019	160	Centre for Yoga and Well-Being of the College

Lecture on importance of Yoga and Meditation, Demonstration of various <i>Asanas</i>	23 January 2020	160	Morarji Desai National Institute of Yoga
Self-Defense Workshop	16-30 September 2019	175	Delhi Police Women Cell
Outdoor Wall Climbing Workshop	5-11 November 2019	80	Department of Physical Education of the College
Observed 6th International Day of Yoga to celebrate the spirit of Yoga	15-21 June 2020	440	Centre for Yoga and Well-Being of the College
Webinar: Physical Fitness, Physical Activity and Fitness Evaluation towards Healthy Living under Lockdown	29 April 2020	200	Department of Physical Education of the College
Online Course for Special Students on English Conversational Skills, Professional Introduction and In-Person Interview	9 September 2019	30	Equal Opportunity Cell and Enabling Unit of the College
Mobility Orientation Course for VH Students	21 August 2019	50	National Association for the Blind, New Delhi
Awareness Program – International Day of Yoga	21 June 2018	15	NSS Centre, University of Delhi
Orientation on Mental Health (under College's Mental Health Awareness Scheme)	6 August 2018	103	Round Glass Peace
Mobility Orientation Program for Students with Visual Disabilities	6-24 August 2018	60	National Association for the Blind, New Delhi
Self Defense Skills Workshop for Students with Visual Disabilities	18 September-October 2018	60	Special Police Unit for Women and Children, Delhi Police
Well-Being Workshop (Under College's Mental Health Awareness Scheme)	8-12 October 2018	35	Prem Rawat Foundation, Peace Education Program
The Gatekeeper Suicide Prevention Program (Under College's Mental Health Awareness Scheme)	12 October 2018	35	Suicide Prevention India Foundation and IIT Mumbai
Career Counselling and Job Mentoring Workshop for Students with Visual Disabilities	31 October-1 November 2018	60	Enable India, Bengaluru and Help the Blind Foundation
Writing Skill Workshop	31 January-1 February 2019	65	Centre of Writing and Communication, Ashoka University, Sonipat

Special Workshop on Braille Atlas (Guidelines to use Maps in Curriculum) for Students with Visual Disabilities	1 February 2019	41	Equal Opportunity Cell and Enabling Unit of the College
Soft Skills Workshop (focus on Body Language and Non-Verbal Communication Skills during Interviews)	6 February 2019	150	Lean In India
Online Course on Resume Building for Students with Visual Disabilities	28 February-2 April 2019	5	Arise Impact, Chandigarh (NGO founded by Massachusetts Institute of Technology, USA)
Online Course on Professional Development for Students with Visual Disabilities	28 February-14 April 2019	12	Arise Impact, Chandigarh (NGO founded by Massachusetts Institute of Technology, USA)
Online Course on Professional Introduction and Interview Skills for Students with Visual Disabilities	28 February-23 April 2019	15	Arise Impact, Chandigarh (NGO founded by Massachusetts Institute of Technology, USA)
Seminar: Mental Illness and its Symptoms and Eating Disorder and Body Shaming	5 April 2019	234	Fortis Hospital and All India Institute of Medical Sciences, New Delhi
Inauguration of Centre for Yoga and Well-Being on the occasion of International Day of Yoga	21 June 2019	40	Department of Physical Education of the College
Research Methodology Workshop	5 September 2017	60	Department of BA Program of the College
Motivational Talk: Composure and You	8 September 2017	75	Ms. Jyotsna Bhardwaj NCERT and ICAE
Research Paper Writing Workshop	7 September 2017	40	Arthagya- The Economics Association of the College
Workshop: Theatre as a Means of Communication	7 September 2017	85	Dr. Kuljeet Singh Founder & Director, Atelier Theatre
Workshop: Art Therapy as a Tool in treating Psychological Disorders	8 January 2017	60	Department of Psychology of the College
Workshop: Bursting Stress Through Art and Movement	8-9 February 2017	60	Department of Psychology of the College
World Mental Health Day: Emotions and Mental Health	11 October 2017	12	Department of Psychology of the College
Workshop: Choosing the Right Career, Life and Social Etiquette	19 January 2017	60	Mr. Anshumali Saxena in collaboration with Career Guidance and Placement Cell of the College

Workshop: Brand called 'You' Self Branding Necessities and Niceties	23 January 2017	60	Mr. Anshumali Saxena in collaboration with Career Guidance and Placement Cell of the College
Mobility Orientation Program for Students with Visual Disabilities	6-24 August 2017	60	National Association for the Blind, New Delhi
Workshop: Android Technology and Testing of Android Application for Visually Impaired Students	26 April 2017	60	Department of Computer Science of the College
Workshop: Assistive Technology 'Reading without Seeing'	11 October 2017	60	Mr. Prashant Ranjan Verma, National Association for the Blind, New Delhi and <i>Saksham</i>
National Convention: Youth with Disability	9-10 November 2017	55	Mr. Javed Abidi, National Centre for Promotion of Employment for Disabled People in collaboration with Accenture
Workshop: Divine Touch	14 November 2017	60	Rige Shiba and Siddhant National Museum, New Delhi
Interactive Session: Journalistic Writing	10 March 2017	40	Mr. Rudroneel Ghosh The Times of India
Workshop: Digital Literacy	12 January 2017	55	Mr. Randhir Mishra SBI Academy, Gurugram
Celebration of Yoga Day	21 June 2017	150	Mr. Chandraveer Dagar Yoga Expert
Awareness Program: Human Value Development	14-15 November 2017	75	Ms. Rupal Rana Ministry of Sports & Youth Affairs
Talk: Multiple Learning Styles and Technology in Classroom	22 September 2016	40	Mr. Kartik Aneja Co-Founder, Nayi Disha Studios
Workshop: My Body, My Rights	3 October 2016	60	Ms. Reena Khatoun, Ms. Esther Moraes, Ms. Suvrita The YP Foundation
Mobility Orientation Program for Students with Visual Disabilities	6-24 August 2016	60	National Association for the Blind, New Delhi
Yoga Classes	Monday, Wednesday, Friday throughout the Year 2016	50	Department of Physical Education of the College
Self-Defense Workshop	15 September-3 October 2016	165	Department of Physical Education of the College
Workshop: First Aid	16-24 August 2016	65	Department of Physical Education of the College
Teach English Language to EWS Students of the College	2015	30--40	NSS Unit of the College

Project: Read, Record, Write for Visually Impaired Students of the University of Delhi	2015	30--40	NSS Unit of the College
Mobility Orientation Program for Students with Visual Disabilities	6-24 August 2015	60	National Association for the Blind, New Delhi
Inclusive Print Project: Workshop on NVDA and Seminar on 'Reading without Seeing'	28-29 September 2015	60	Enabling Unit and Equal Opportunity Cell of the College
Workshop: Data Analysis and using Statistical Software for Econometric Modelling	October 2015	45	Ms. Saumya Verma Delhi School of Economics, University of Delhi
Seminar: Use of Technology and Innovations for Good Governance to celebrate the birth anniversary of former Prime Minister Shri Atal Behari Vajpayee	19 December 2015	55	College Program organized by the Student Union