

Community Outreach Report 2019-2020

International Award for Young People

The community outreach activities included a range of activities. The year began with the orientation of International Award for Young People (IAYP). The college encourages students to undertake this activity which pays huge dividends when they apply for courses abroad.

Department of Psychology collaborates with Community Outreach

- On 6 November 2019 a motivational talk was held by Ms Devika Malik where she openly voiced about how she overcame the challenges of her disability to become an international para-athlete (disability sports) with 8 national & 3 international medals at World Para Athletics Grand Prix competitions. She is a psychological counsellor; International Disability Inclusion Advocate & TEDx Speaker and social entrepreneur - co-founder of the Wheeling Happiness Foundation. Her words made the audience believe in their potentials and ability to perform better. She also highlighted important facts about the mental health stigma. Detailed report is available under the community outreach program.
- *Aid for the Elderly* Another project undertaken by Department of Psychology is 'Aid for the Elderly' aimed at providing Aid (majorly Psychological) to the Elderly living in old age homes. The objectives visualized for the program were awareness amongst students regarding the psychological needs of the elderly and engagement with elderly members around Activities of Daily Living (ADL) to enhance their well-being.

Project Noor

Started in 2018-19, the aim of Project NOOR is to support the families assigned to them by SKA and help them sustain their livelihood by selling their products and organizing fund-raising activities in various events of the college. It undertakes the challenging task to rehabilitate the families of some people who were involved in the inhuman practice of manual scavenging. The team of volunteers engaged in this programme is working in association with Mr. Wilson Wilson's Safai Karmachari Andolan (SKA) which is an Indian Human Rights Organization and dedicated towards the cause of eradicating the illegal practice of manual scavenging.

The academic session (2019-2020) started with the college receiving the United Nations Millennium fellowship award. 20 volunteers from Project NOOR were designated as Millennium Fellows by the United Nations Academic Impact (UNAI) and Millennium Campus Network (MCN).

Project NOOR collaborated with SANG in April 2020 to provide ration kits and sanitary napkins to affected communities in the COVID-19 pandemic.

A collaboration with Goonj is in place to address the issue of menstrual relief during Covid - 19 lockdown

Project Nidaan

In the year 2020, the community outreach was involved co-opted into waste recycling and management project of the college called 'Project Nidaan' in which all departments were to monitor waste management. The departments of Commerce, Computer Science, Economics and English undertook this exercise till March. Detailed reports are available under Project Nidaan.

Enactus

A collaboration with Goonj is in place to focus on women's empowerment through addressing issues like feminine hygiene.