

## Community Outreach Report 2018-2019

The Community Outreach of Indraprastha College for Women under the guidance and dynamic vision of the Principal, Dr Babli Moitra Saraf, witnessed a significant change in the organisational structure of 'community outreach'. In a bid to expand, consolidate and strengthen, department representatives were co-opted in a 16-member committee in August 2018.

Keeping in mind the growth and evolving nature of mental health issues among youth, the college envisioned a year-long **Mental Health Program**. The community outreach became integral to this vision through orientation, awareness and workshops. An orientation for mental health awareness was organised in collaboration with Round Glass Peace. A week long Peace Education Programme was organised from 8-12<sup>th</sup> Oct 2018 with Prem Rawat Foundation. An interactive discussion with the students were held asking them to reflect upon themes discussed and share their views and life experiences in that context. The students expressed themselves with utmost ease and enthusiasm finding satisfactory answers to their queries from the speakers. Coordinator of Peace Education Program, TPRF Prof. Harish Gupta of Department of Medicine, RML Hospital highlighted the importance of the realization of self as a peaceful being.

The year also saw The International Award for Young People (**IAYP**) becoming operational. Eight students enrolled themselves in the program.

As a result of collaboration with **Lean In India**, a Soft Skills Workshop was organised on 6<sup>th</sup> February 2019 with the theme 'Body language during Interviews. Approximately 75 students attended the workshop from across all departments and expressed the need to have more such workshops. Ms Khyati Gupta Babbar was the resource person who has extensive experience in the field.

Other novel initiatives undertaken in the year are:

- Collection of data of students' internship with NGOs through department community outreach representatives

-Department Community Outreach Projects: Department of Sociology's outreach with FabIndia school students The Department of Sociology had chosen the theme of 'Adolescents, Gender and Education' for community outreach plans for the year 2018-2019. In this context, they had a opportunity to interact with a team of students of Class XI from Fab India students who were hosted by college on the 11th and 12th of March 2019.

Enactus and Loktantrashala-School for Democracy continued to organise various projects, discussions and talks. Two students from IP College are to participate in SFD Summer Internship from 5 June to 5 July 2019. Enactus participated in India-Russia Youth Forum organized by Global Youth India in 2019.

**Detailed reports for all the above-mentioned programs are available on the website.**