

INDRAPRASTHA COLLEGE FOR WOMEN (UNIVERSITY OF DELHI)

CENTRE FOR YOGA AND WELL BEING

NOTICE

15 June 2020

On the occasion of the 6th International Day of Yoga, the **Centre for Yoga and Well Being** is organising a Yoga Week starting from Monday i.e.15th June 2020 and culminating on Sunday, i.e. 21st June 2020.

The Yoga Week would be a combination of events and competitions. The events comprising the Yoga Week are as follows.

<u>Date</u>	<u>Event</u>	<u>Topic/ Theme</u>
15th June	Logo Making Competition	International Day of Yoga
16th June	Online Quiz Competition	Yoga
18th June	National Webinar by Bodsphere	Yoga and Well Being
21st June	Online Yoga Session	6th International Day of Yoga 2020

**Sd/-
Principal**

(Posters mentioning other important details of the above-mentioned events are enclosed below)